

PLEASE READ CAREFULLY AND KEEP THIS PACKAGE INSERT FOR FUTURE USE IN CASE YOU HAVE A PROBLEM. It is recommended that all eye care professionals review this labeling with their patients.



puremoist
MULTI-PURPOSE DISINFECTING SOLUTION

Provides comfort and moisture from insertion to removal
Cleans, Reconditions, Rinses, Disinfects, Stores
Removes protein deposits
Reduces lipid deposition
For silicone hydrogel and soft (hydrophilic) contact lenses
Sterile

For optimal results, follow these directions for care of your lenses with OPTI-FREE® PUREMOIST® Solution:

- Thoroughly wet each side of the lens with OPTI-FREE® PUREMOIST® Solution. Rub the lens for 20 seconds.
- Rinse each side of the lens for 10 seconds with a steady stream of OPTI-FREE® PUREMOIST® Solution.
- Fill your ALCON® Lens Case with fresh OPTI-FREE® PUREMOIST® Solution. Store lenses in the closed lens case overnight or at least 6 hours. After soaking, lenses are ready to wear. If any debris remains on contact lenses, rinse with OPTI-FREE® PUREMOIST® Solution prior to lens insertion. You may leave your lenses in the unopened lens case containing OPTI-FREE® PUREMOIST® Solution for up to 30 days. After this time, your lenses must be cleaned and disinfected with OPTI-FREE® PUREMOIST® Solution prior to wear. Always follow your eye care professional's instructions. Do not change your directions for care of your lenses or your lens care solution without consulting your eye care professional.

DESCRIPTION:

OPTI-FREE® PUREMOIST® Solution is a sterile, buffered, aqueous solution containing sodium citrate, sodium chloride, boric acid, sorbitol, aminomethylpropanol, disodium EDTA, two wetting agents (TETRONIC® 1304† and HydraGlyde® Moisture Matrix [EOBO-41®: polyoxyethylene-polyoxybutylene]) with POLYQUAD® (polyquaternium-1) 0.001% and ALDOX® (myristamidopropyl dimethylamine) 0.0006% preservatives. HydraGlyde® Moisture Matrix is a proprietary multi-functional block copolymer that is primarily designed for wetting and lubricating silicone hydrogel lenses.

ACTIONS:

- When used as directed OPTI-FREE® PUREMOIST® Solution:
 - Cleans by removing protein deposits and reducing lipid deposition from your lenses during disinfection and storage.
 - POLYQUAD® and ALDOX® dual disinfectants reduce harmful microorganisms that can cause eye infections.
 - Is used to rinse and recondition your silicone hydrogel and soft (hydrophilic) contact lenses.
 - Is formulated to disinfect and store lenses for up to 30 days after disinfection. Do not store your lenses in saline solution in place of OPTI-FREE® PUREMOIST® Solution. Saline solution will not disinfect lenses.

MOISTURE, LUBRICITY, HYDRATING AND CLEANING BENEFITS FOR LENS WEAR

OPTI-FREE® PUREMOIST® Solution:

- Provides comfort and moisture from insertion to removal. HydraGlyde® Moisture Matrix works independently of your tear film to keep moisture on your lenses.
- Maintains a cushion of moisture that allows your eyelid to glide over the surface of the lens without irritation.
- Keeps the lens hydrated throughout the day.
- Binds to dry areas of the lenses to reduce lipid deposition.
- Reduces lipid deposition and removes protein deposits for clean and fresh lenses.

INDICATIONS (USES):

For use in the daily cleaning, reconditioning, rinsing, removing protein deposits, reducing lipid deposition, chemical (not heat) disinfection, and storage of silicone hydrogel and soft (hydrophilic) contact lenses as recommended by your eye care practitioner.

Includes a lens case for storage of silicone hydrogel and soft (hydrophilic) contact lenses during chemical disinfection. Use for storage during chemical disinfection only.

CONTRAINDICATIONS (REASONS NOT TO USE):

If you are allergic to any ingredient in this product, do not use.

WARNINGS:

Problems with contact lenses and lens care products could result in serious injury to the eye. It is essential that you follow your eye care practitioner's directions and all labeling instructions for proper use and care of your lenses and lens care products, including the lens case. Eye problems, including corneal ulcers, can develop rapidly and lead to loss of vision. Daily wear lenses are not indicated for overnight wear and should not be worn while sleeping. Clinical studies have shown the risk of serious adverse reactions is increased when these lenses are worn overnight. Extended wear lenses should be regularly removed for cleaning and disinfection or for disposal and replacement on the schedule prescribed by your eye care practitioner. Clinical studies have shown that there is an increased incidence of serious adverse reactions in extended wear contact lens users as compared to daily wear contact lens users. Studies have also shown that the risk of serious adverse reactions increases the longer extended wear lenses are worn before removal for cleaning and disinfection or for disposal and replacement. Studies have also shown that smokers have a higher incidence of adverse reactions. If you experience eye discomfort, excessive tearing, vision changes, redness of the eye, immediately remove your lenses and promptly contact your eye care practitioner. It is recommended that contact lens wearers see their eye care practitioner twice each year or, if directed, more frequently.

Lens cases can be a significant source of microbial contamination. To help prevent eye infections, lens cases should be cleaned, rinsed, and air dried every day; and replaced frequently (as recommended by the manufacturer). Use of this lens case with heat may cause warpage. USE FOR STORAGE DURING CHEMICAL DISINFECTION ONLY. DO NOT USE WITH HEAT.

Re-use of solution or use of water with lenses may lead to contamination resulting in eye injury and potential loss of vision. See below for additional important safety information.

Soaking and Storing Your Lenses

Instruction for Use:

Use only fresh OPTI-FREE® PUREMOIST® Solution each time you soak (store) your lenses.

WARNING:

Do not reuse or "top off" old solution left in your lens case since solution reuse reduces effective lens disinfection and could lead to severe infection, vision loss or blindness. "Topping-Off" is the addition of fresh solution to solution that has

been sitting in your case.

Rub and Rinse Time

Instruction for Use:

- Thoroughly wet each side of the lens with OPTI-FREE® PUREMOIST® Solution. Rub the lens for 20 seconds.
- Rinse each side of the lens for 10 seconds with a steady stream of OPTI-FREE® PUREMOIST® Solution.
- Follow the complete recommended lens rubbing and rinsing times in the labeling to adequately disinfect your lenses and reduce the risk of contact lens infection.

WARNING:

- Rub and rinse your lenses for the recommended amount of time to help prevent serious eye infections.
- Never use water, saline solution, or rewetting drops to disinfect your lenses. These solutions will not disinfect your lenses. Not using the recommended disinfectant can lead to severe infection, vision loss or blindness.

Lens Case Care

Instruction for Use:

- Rinse your lens case with sterile contact lens solution (never use tap water) and leave the lens case open to dry after each use. Turn the case over and shake any excess solution out of the case. Be sure that no residual solution remains in the case before you allow it to air dry.
- Replace your lens case at least once every one to three months. Contact lens cases can be a source of bacterial growth.

WARNING:

Do not store your lenses or rinse your lens case with water or any non-sterile solution. Only use fresh multi-purpose solution (or sterile saline solution) so you do not contaminate your lenses or lens case. Use of non-sterile solution can lead to severe infection, vision loss or blindness.

Water Activity

Instruction for Use:

- Do not expose your contact lenses to water while you are wearing them.

WARNING:

Water can harbor microorganisms that can lead to severe infection, vision loss or blindness. If your lenses have been submerged in water such as when swimming in pools, lakes, or oceans, you should discard them and replace them with a new pair. Ask your eye care practitioner for recommendations about wearing your lenses during any activity involving water.

Discard Date

Instruction for Use:

- Discard any remaining solution six months after first opening.

WARNING:

Using your OPTI-FREE® PUREMOIST® Solution beyond the discard date could result in contamination of the solution and can lead to severe infection, vision loss or blindness.

Important Safety Information:

- Always follow the product directions for use. Failure to follow product directions may lead to vision loss.
- Visit your eye care practitioner regularly.
- Always wash and dry hands before handling lenses.
- Do not use tap water, bottled water or saliva with lenses or lens case.
- Only use fresh solution to clean and disinfect contact lenses.
- Discard any remaining solution in your lens case after each disinfection cycle. (Never reuse solution).
- Saline or rewetting drops will not disinfect your lenses.
- Always replace your solution and lenses as directed.
- To avoid contamination, do not touch tip of container to any surface. Replace cap after using.

- Not for use with heat (thermal) disinfection.
- Store at room temperature.
- Use before the expiration date marked on the carton and bottle.
- Keep this and all medication out of the reach of children.

ADVERSE REACTIONS (POSSIBLE PROBLEMS AND WHAT TO DO):

The following problems may occur: eyes sting, burn or itch (irritation), comfort is less than when lens was first placed on the eye, feeling of something in the eye (foreign body, scratched area), excessive watering (tearing) of the eye, unusual eye secretions, redness of the eye, reduced sharpness of vision (poor visual acuity), blurred vision, rainbows or halos around objects, sensitivity to light (photophobia), or dry eyes.

If you notice any of the above:

Immediately remove your lenses.

- If the discomfort or problem stops, then look closely at the lens.
- If the lens is in any way damaged, DO NOT put the lens back on your eye. Place the lens in the storage case and contact your eye care practitioner.
- If the lens has dirt, an eyelash, or other foreign body on it, or the problems stops and the lens appears undamaged, thoroughly clean, recondition, rinse, and disinfect the lens, then reinsert it.
- If the problem continues, immediately remove the lens and consult your eye care practitioner.

If any of the above symptoms occur, a serious condition such as infection, corneal ulcer, neovascularization or iritis may be present. Seek immediate professional identification of the problem and prompt treatment to avoid serious eye damage.

HOW SUPPLIED:

Lens case included. **OPTI-FREE® PUREMOIST® Solution** is available for purchase in sterile 2 FL OZ (60 mL), 4 FL OZ (118 mL), 10 FL OZ (300 mL), and 14 FL OZ (420 mL) plastic bottles. Bottles and cartons are marked with a lot number and expiration date.

†TETRONIC® is a registered trademark of BASF.

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