

THIS PACKAGE INSERT CONTAINS IMPORTANT PRODUCT USE AND SAFETY INFORMATION. PLEASE READ CAREFULLY AND RETAIN FOR FUTURE REFERENCE.



3% HYDROGEN PEROXIDE Cleaning & Disinfecting Solution

DESCRIPTION / CONTENTS:

CLEAR CARE® Cleaning & Disinfecting Solution is a sterile solution containing micro-filtered hydrogen peroxide 3%, sodium chloride 0.79%, stabilized with phosphonic acid, a phosphate buffered system, and PLURONIC® 17R4† (a cleaning agent).

GOOD LENS CARE PRACTICES:

To ensure proper disinfection of your lenses you must follow the instructions completely. Do not skip any steps. Always wash and rinse your hands before handling your lenses. This will help prevent eye infections by removing dirt and oils that could get on the lenses.

DIRECTIONS FOR USE - Soft Contact Lenses:

Never put CLEAR CARE® Cleaning & Disinfecting Solution on your lenses and insert directly into the eye or burning and stinging will result. If spillage occurs, clean up immediately with a paper towel. Wash and rinse your hands before handling your lenses or touching your eyes.

To clean, disinfect, neutralize, and remove protein from your soft contact lenses:

- Remove and place each lens into the appropriately marked L/R domed lens holder.
- Flip open the snap cap on the CLEAR CARE® bottle and bend it back and out of the way.
- Rinse the lenses while on the domed lens holder for 5 seconds.
- Fill the CLEAR CARE® lens case to the fill line with CLEAR CARE® solution and place the lens holder in the case.
- Tighten the cap on the CLEAR CARE® lens case and store lenses for at least 6 hours. DO NOT SHAKE THE CASE.

NOTE: To prevent damage to your lenses, center the lens on the dome in the lens holder. Be sure the lens does not touch the basket rim, then close the basket lid.



After soaking for six hours, your lenses are ready to wear. No final saline rinse is necessary. **Never rinse your lenses with CLEAR CARE® Cleaning & Disinfecting Solution prior to insertion or burning and stinging will result.** If desired, lenses can be rinsed with sterile saline before inserting.

Discard the used CLEAR CARE® solution from the CLEAR CARE® lens case. Rinse the lens case with sterile saline or CLEAR CARE® solution and allow the case to air dry with the lens holder inverted outside the case. Do not place the lens holder on its side.

DIRECTIONS FOR USE - RGP Lenses:

Never put CLEAR CARE® Cleaning & Disinfecting Solution on your lenses and insert directly into the eye or burning and stinging will result. If spillage occurs, clean up immediately with a paper towel. Wash and rinse your hands before handling your lenses or touching your eyes.

To clean, disinfect, neutralize, and remove protein from your RGP lenses:

- Remove and place each lens into the appropriately marked L/R domed lens holder.
- Flip open the snap cap on the CLEAR CARE® bottle and bend it back and out of the way.
- Take each lens, one at a time, from the domed lens holder and place it in the palm of your hand. Apply 2 to 4 drops of CLEAR CARE® solution and rub. **While rubbing RGP lenses with CLEAR CARE® solution, some users may experience a mild, temporary skin discoloration (bleaching) of the fingers or hands. Always wash and rinse your hands after rubbing your lenses with the solution.**
- Return the lenses to the appropriate holder and close the baskets. Rinse the lenses while on the domed lens holder for 5 seconds.
- Fill the CLEAR CARE® lens case to the fill line with CLEAR CARE® solution and place the lens holder in the case.

- Tighten the cap on the CLEAR CARE® lens case and store lenses for at least 6 hours. DO NOT SHAKE THE CASE.

After soaking for six hours, your lenses are ready to wear. No final saline rinse is necessary. **Never rinse your lenses with CLEAR CARE® Cleaning & Disinfecting Solution prior to insertion or burning and stinging will result.** If desired, lenses can be rinsed with sterile saline before inserting.

Discard the used CLEAR CARE® solution from the lens case. Rinse the lens case with sterile saline or CLEAR CARE® solution and allow the case to air dry with the lens holder inverted outside the case. Do not place the lens holder on its side.

STORAGE:

If you do not intend to wear your lenses immediately after disinfection/neutralization, you may store them in the unopened lens case for up to 7 days. Disinfect and neutralize once a week with fresh solution and before wearing your lenses.

ACTIONS:

When used as directed CLEAR CARE® solution provides a unique cleaning action, which removes film and debris from the lens surface. CLEAR CARE® solution also helps prevent serious eye infections by killing harmful microorganisms on contact lenses.

INDICATIONS (Uses):

For simultaneous cleaning, daily protein removal, disinfecting, and storing of soft (hydrophilic) or rigid gas permeable (fluoro silicone acrylate and silicone acrylate) contact lenses as recommended by your eye care practitioner.

CONTRAINDICATIONS (Reasons not to use):

There are no known contraindications for use of CLEAR CARE® Cleaning & Disinfecting Solution; however, if you are allergic to any ingredient in this solution, do not use.

WARNINGS:

Never put CLEAR CARE® Cleaning & Disinfecting Solution on your lenses and insert directly into the eye. Lenses must be soaked in the provided lens case for 6 hours (neutralization process) prior to lens insertion. OTHERWISE, BURNING AND STINGING WILL RESULT.

DO NOT PUT CLEAR CARE® SOLUTION THAT HAS NOT BEEN NEUTRALIZED IN YOUR EYE. Should unneutralized CLEAR CARE® solution get in your eye, remove your lenses immediately, flush (wash) your eyes with a large amount of water or sterile saline for a few minutes. If burning and/or irritation persist, seek assistance from an eye care professional. The red dropper tip indicates that CLEAR CARE® solution should not be put directly in your eye.

DO NOT REUSE NEUTRALIZED HYDROGEN PEROXIDE SOLUTION.

- Keep CLEAR CARE® disinfecting solution (hydrogen peroxide) out of the reach of children. If accidentally swallowed, an upset stomach and vomiting may result. Seek immediate professional medical assistance or contact a poison control center.

- Not for use with heat (thermal) disinfection.

Only use the special CLEAR CARE® lens case for disinfection and neutralization. Do not use a flat case.

While rubbing RGP lenses with CLEAR CARE® solution, some users may experience a mild, temporary skin discoloration (bleaching) of the fingers or hands. Always wash and rinse your hands after rubbing your lenses with the solution.

WARNINGS:

PROBLEMS WITH CONTACT LENSES AND LENS CARE PRODUCTS COULD RESULT IN SERIOUS INJURY TO THE EYE.

It is essential that the patient follows the directions of the eye care practitioner and all labeling instructions for proper use of contact lenses and lens care products, including the lens case.

Patients should be advised of the following instructions for use and warnings pertaining to contact lens wear:

LENS CASE CARE

Instruction for Use:

- Do not over tighten the CLEAR CARE® lens case (only tighten finger tight).

- Do not use a damaged case.
- Do not under or over fill solution in the lens case.
- Do not shake the case.
- Replace your lens case according to the directions given you by your eye care professional or the labeling that came with your case.
- Contact lens cases can be a source of bacterial growth.

WARNING:

Do not store your lenses or rinse your lens case with water or any non-sterile solution. Use fresh solution so you do not contaminate your lenses or lens case. Use of non-sterile solution can lead to severe infection, vision loss or blindness.

Water Activity

Instruction for Use:

You should not expose your contact lenses to water while you are wearing them.

WARNING:

Water can harbor microorganisms that can lead to severe infection, vision loss or blindness. If the contact lenses have been exposed to water such as when showering, swimming in pools, lakes, or oceans, you should discard them and replace them with a new pair. You should ask your eye care professional for recommendations about wearing your lenses during any activity involving water.

Discard Date on Bottle

Instruction for Use:

- Discard any remaining solution 3 months after opening.
- The Discard date refers to the time you can safely use contact lens care product after the bottle has been opened. It is not the same as the expiration date, which is the last date that the product is still effective before it is opened.

WARNING:

Using your solution beyond the discard date could result in contamination of the solution and can lead to severe infection, vision loss or blindness.

- To avoid contamination, DO NOT touch tip of container to any surface. Replace cap after using.
- To avoid contaminating your solution, DO NOT transfer to other bottles or containers.

EYE PROBLEMS, INCLUDING CORNEAL ULCERS, CAN DEVELOP RAPIDLY AND LEAD TO LOSS OF VISION; IF YOU EXPERIENCE:

Eye Discomfort,

Excessive Tearing,

Vision Changes,

Loss of Vision,

Eye Redness

Or Other Eye Problems

YOU SHOULD BE INSTRUCTED TO IMMEDIATELY REMOVE THE LENSES, AND PROMPTLY CONTACT YOUR EYE CARE PRACTITIONER.

- Daily wear lenses are not indicated for overnight wear, and patients should be instructed not to wear lenses while sleeping. Clinical studies have shown that the risk of serious adverse reactions is increased when the lenses are worn overnight.
- Studies have shown that contact lens wearers who are smokers have a higher incidence of adverse reactions than nonsmokers.

PRECAUTIONS:

- Always wash and dry your hands before handling your lenses.
- Never use this for heat disinfection.
- Never reuse this solution.
- Keep bottle tightly closed when not in use.
- Store at room temperature. (15°C to 30°C / 59°F to 86°F)
- Use before the expiration date marked on the container.
- Once bottle is open, discard any remaining solution after 3 months.
- DO NOT USE OVER-THE-COUNTER GENERIC HYDROGEN PEROXIDE. Generic hydrogen peroxide solutions are not intended for ophthalmic use and may contain ingredients not tested for ocular safety or toxicity. Generic hydrogen peroxide may contain ingredients that cause DISCOLORATION OR DAMAGE TO YOUR CONTACT LENSES.

There are no safe, acceptable substitutes for CLEAR CARE® Cleaning & Disinfecting Solution components. Do not mix or substitute other lens care hydrogen peroxide products or lens cases. Do not use any other disinfection solutions in the disposable lens case.

ADVERSE REACTIONS (Possible problems and what to do):

The following problems may occur with contact lens wear: eyes sting, burn or itch (irritation), comfort is less than when lens was first placed on the eye, feeling of something in the eye (foreign body, scratched area), excessive watering (tearing) of the eye, unusual eye secretions, redness of the eye, reduced sharpness of vision (poor visual acuity), blurred vision, rainbows or halos around objects, sensitivity to light (photophobia), or dry eyes.

If you notice any of the above, IMMEDIATELY remove your lenses.

- **If the discomfort or problem stops and the lenses appear to be undamaged, repeat the cleaning, disinfection and neutralization process and reinsert them. Do not put un-neutralized solution in your eyes or burning and stinging will result.**
- If the lens is in any way damaged, do not put the lens back on your eye. Place the lens in the CLEAR CARE® lens case and contact your eye care practitioner.
- **If the lens is not damaged but has dirt, an eyelash, or other foreign body on it, repeat the cleaning, disinfection and neutralization process and reinsert the lens. DO NOT PUT CLEAR CARE® SOLUTION that has not been neutralized in your eye or burning and stinging will result.**
- If the problem continues IMMEDIATELY remove the lens and consult your eye care professional.

If any of the above symptoms occur, a serious condition such as infection, corneal ulcer, neovascularization or iritis may be present. Seek immediate professional identification of the problem and prompt treatment to avoid serious eye damage. Eye Care Professionals: All adverse reactions observed using CLEAR CARE® Cleaning & Disinfecting Solution should be reported to:

Alcon Laboratories, Inc., 6201 South Freeway,
Fort Worth, Texas 76134
1-800-757-9195
alcon.medinfo@alcon.com

HOW SUPPLIED:

- CLEAR CARE® Cleaning & Disinfecting Solution is supplied in sterile 3 fl. oz. (90 ml), 12 fl. oz. (355 ml) and 16 fl. oz. (480 ml) plastic bottles. These bottles are marked with lot number and expiration date. A fresh new lens case is supplied with each purchase. For packages with more than 32 oz. of CLEAR CARE® solution, an additional lens case is provided.
- TAMPER EVIDENT: Do not use if safety seal around the bottle cap is broken or missing.

For more information regarding this product consult your eye care professional, or write to:

Alcon Laboratories, Inc., 6201 South Freeway,
Fort Worth, Texas 76134

†PLURONIC® is a registered trademark of BASF.

©2006-2011, 2013, 2017 Novartis

Manufactured by:
Alcon Laboratories, Inc.
Fort Worth, Texas 76134, USA

Alcon®